HAWAIIAN BEEF STEW

KAU KAU TIME! KĀHEA 'AI!

Time to eat! Come and get it!



WE'VE BEEN COOKING THIS FAMILY RECIPE FOR 75 YEARS.

Served over rice, it's Hawai'i-style comfort food at its best.

f /myhighwayinn





Scan for online instructions and

alternate prepideas!

TO STORE: All product ships vacuum sealed or in heat-sealed zip-top bag; do not remove from bag until ready to prepare. Product may arrive partially thawed; refreezing is not recommended if product has thawed partially or fully. Refrigerate or freeze immediately upon receiving. May be stored in the refrigerator up to 3 days or freezer 1 month.

TO THAW: Thaw product in bag; keep refrigerated while thawing. (May take up to 2 days to completely thaw from fully frozen. Product may be reheated while frozen but will impact reheating time significantly.)

Ingredients: Beef chuck roll, cake flour (wheat), water, mushroom seasoning [mushroom powder, salt, sugar, autolyzed yeast extract, hydrolyzed soy protein powder, mushroom extract, vitamin B], onion, carrot, potato, tomato puree, Hawaiian sea salt

Preparation:

instructions are for one bag

Step 1: Thaw (see instructions above)

Step 2: Empty contents of bag into a pot.

Step 3: Heat over medium, stirring occasionally to prevent sticking to bottom of pot, until it comes to a gentle simmer. Gravy should be on the thicker side (like a heavy marinara sauce, not watery or runny), but if it is too thick you may need to add 1/4 cup of water. Stir to incorporate. Simmer until temperature reaches 160°F.

Step 4: Transfer contents to a serving dish or serve over rice.